WHAT IS CLAIMED IS:

- 1. A cook and chill casing comprising a substantially rectangular bag formed from a plastic, tubular material, said bag having a food-receiving interior open at a first end and sealed at a second end, wherein said sealed end has a tapered seal that separates two corners of said tubular material from said interior.
- 2. The cook and chill casing of claim 1, wherein said two corners separated by said tapered seal provide handles for lifting said bag.
- 3. The cook and chill casing of claim 1, wherein said tubular material comprises:
- a three layer co-extruded plastic film having one layer of nylon, one layer of polyethylene and a tie material to join the layers of nylon and polyethylene.
- 4. The cook and chill casing of claim 3, wherein said tubular material has a thickness of about four mils.
- 5. The cook and chill casing of claim 1, wherein said tubular material comprises at least one material selected from the group consisting of nylon, polyethylene, polypropylene and polyester.
- 6. The cook and chill casing of claim 5, wherein said plastic film has a thickness of about four mils.
- 7. The cook and chill casing of claim 1, wherein said tubular material comprises a multilayer, co-extruded plastic film having a thickness in the range of about two mils to about five mils.

8. The cook and chill casing of claim 1, wherein said sealed end comprises a heat seal joining opposing sides of said bag.

SKGF Ref.: 2102.0020000